



Carrick Futures

Brightening Your Future



ANNUAL REPORT 2015



www.carrickfutures.org.uk

Company Overview

Introduction from the Chair

It's been another busy year for Carrick Futures, as we work to deliver community benefit funds in South Carrick. We are delighted to present our annual report, giving an overview of awards made and groups supported during 2015. We made new awards totalling around £166,500 to 17 community groups and voluntary organisations. In addition, we continued to honour commitments made in previous years, most notably £250,000 to South Carrick Community Leisure for the new Quayzone pool and leisure centre in Girvan; and the Small Grants scheme enabling our six core community Councils of Barrhill, Barr, Pinwherry & Pinmore, Colmonell & Lendalfoot, Ballantrae and Girvan & District to directly fund local community activities.

There are many people and organisations to thank for their support to our voluntary Board in achieving this impact. First and foremost to ScottishPower Renewables, for their continued support and provision of community benefit funds from the Arcleoch and Mark Hill wind farms. Secondly, to Foundation Scotland, for their professional delivery of our grant-making programme and governance support to our Board. And last but by no means least to our voluntary members and Directors. We have up to ten members from each of the six primary beneficiary communities and our twelve Directors are elected from

and by this group. Their support is vital in ensuring we remain rooted in, and accountable to, the communities we serve.

We welcome enquiries, comments and suggestions, so please do get in touch if you would like to discuss any aspect of our work.



Roger Pirrie, Chair

Annual Accounts 2015

Statement of Financial Activities for the year ended 31st December 2015

A full copy of the 2015 annual accounts may be downloaded from <http://www.carrickfutures.org.uk/about-us/>

Income		
ScottishPower Renewables		£424,679
	Total	£424,679
Expenditure		
Grants payable		£284,389
Administration		£8,005
Support Costs		£2,112
	Total	£294,506
Net Income/(Expenditure)		£130,173
Total Funds Brought Forward		£119,288
Total funds carried forward at 1st January 2016		£249,461

Awards in 2015

The table below outlines each project offered an award and indicates the leverage of each award, i.e. the percentage of the total project costs the Carrick Futures award covered. It should be noted that some offers are subject to conditions, which may still require to be met.

Applicant	Amount Awarded	Project Cost	Leverage	Grant Summary
South Carrick Club Diamonds Fun, Fitness and Friendship	£3,000	£9,000	33%	To pay instructor fees and travelling expenses.
Ballantrae Community Council	£8,031	£11,531	70%	To purchase a marquee.
Girvan Traditional Folk Festival	£5,000	£19,300	26%	To support the costs of booking artists and production of the 2015 festival, including venue costs.
Girvan Coastal Rowing Club	£4,828	£9,192	53%	To purchase safety equipment, training and waterproof clothing.
Adventure Centre for Education (ACE)	£15,200	£29,600	51%	To purchase new equipment and deliver 15 activity days to local young people.
2 Pins Community Company	£66,000	£1,700,000	3.9%	To match fund the groups BIG Lottery bid towards developing a purpose built community centre.
Barrhill Memorial Hall Community Association	£7,470	£1,266,000	0.59%	To refurbish the Barrhill Memorial Hall as a fit-for-purpose community centre.
Z1 Girls Group	£17,764	£22,258	80%	To pay for Z1 dance instructor/travel expenses, venue hires, costumes and tickets/travel to events for the group.
3 rd Ayrshire Scout Group	£802.50	£1,122.50	71%	To upgrade the community hall with equipotential bonding; hall frontage; kitchen tiling and paint; and contribute to two outings to Cream O' Galloway and Culzean Camp.
Ballantrae Community Council	£1,500	£5,000	30%	To contribute to the cost of putting on the 2015 Ballantrae Smugglers Festival, producing publicity materials, publishing walking routes and purchasing or building a handcart.
Girvan and South Carrick Community Action Network	£3,000	£3,000	100%	To provide a patient transport service from rural South Ayrshire to hospitals and clinics in Glasgow, Kilmarnock, Ayr and locally.
Carrick Rural Arts Group	£4,550	£23,940	19%	To help fund a six week community arts project with lantern workshops being held throughout Carrick culminating in a community event on 24 th October 2015.
Carrick Rugby Football Club	£1,500	£3,000	50%	To purchase 30 rugby strips, shorts and socks for primary 6&7 pupils.
Girvan and District Entertainment and Attractions Association	£9,300	£24,860	37%	To hold the annual Carrick Community Fireworks Display, a free event open to all and aimed at reducing the risks associated with people organising their own displays as well as bringing the community together.
The Stinchar Valley Magazine	£8,151	£12,226	67%	To publish 8 editions (4 per annum) of the Stinchar Valley Magazine over two years and cover the costs of distribution and a self-employed part-time administrator.
Glendoune Community Association	£7,776	£7,776	100%	To develop a community led healthy and active initiative; a structured programme of sporting and confidence-building activities.
Brunston Castle Golf Club	£2,616	£4,216	62%	To fund staff and committee training courses for professional development.

What difference is the Fund making?

Adventure Centre for Education (ACE)

ACE was established as an independent charity/social enterprise 6 years ago in response to a demand for outdoor activities. The centre has developed a wide programme of outdoor activities creating opportunities for people of all ages, abilities and backgrounds to participate in adventure sports. This includes school children and free activity sessions for local people. ACE works in partnership with over thirty organisations. They have developed a range of programmes attracting over 1,000 people in the last year, including community projects such as Girls 'r' ACE focusing on the development of young women.

In 2015, Carrick Futures awarded a grant of £15,200 to purchase new equipment, train instructors in the Forest Leaders training programme and run 15 free activity sessions attended by young people. The grant meant ACE could purchase 4 lighter canoes, new portable inflatable paddle boards and more suitable mountain bikes for girls – helping the Girls 'r' ACE programme.

Emma Whitehead the Girls 'r' ACE coordinator said, 'The female specific bikes have allowed the girls to improve their confidence and learn new skills in a fun and exciting way, with many of the girls developing an interest in mountain biking and asking to do more sessions.'



Kathleen Bell and her daughter attended some of the free stand up paddle board sessions in Girvan. She said, 'They were so enjoyable and inspiring that her family want to do more and are purchasing their own board.'

Environmental education features highly in ACE's work and some of the grant helped fund the Forest School programme attended by 150 young people. The Forest School programmes involve fun challenges and practical



Funded Projects

activities as well as personal development opportunity for the participants. ACE also provides training for local people in the Forest school leaders course and as a result of the Carrick Futures grant they have been able to expand their service.

Senga Scobie who trained as a Forest School leader said, 'Forest School training has been an inspirational journey of personal development providing me with a range of skills allowing me to run person centred, holistic programs in woodland settings for children and young adults.'

ACE employs a number of full-time and part-time staff supported by a team of volunteers. They also run an apprenticeship scheme, which provides local young people with the opportunity to train in a range of activities. This has been supported by ACE's Youth Work in Sport instructor. Calvin Christie joined ACE in 2014 as a trainee instructor and the following year he was offered a job as a Youth Work in Sport instructor which involved undertaking studies in youth and community development. Calvin has dyslexia and found academic study hard. With additional support from ACE he worked his way through the course, which is a huge achievement and has gone on to secure a new role in youth development.

ACE also run a get ready for work programme for young people called 'Finding the Spark' employing young trainee instructors. All the trainee instructors talk positively of the opportunity with ACE. Steven added, "I wasn't confident in talking to adults before but meeting people on courses has helped with this. I realise I want to stay in this type of work." Lewis added, "I wasn't confident at all when I started but I have taken an archery leadership course and now lead an archery club in Girvan every Monday night at the local academy, something I couldn't have done before."

ACE Manager, Chris Saunders said, "The funding from Carrick Futures has wide ranging benefits for the local community. Quality equipment helps towards the sustainability of ACE. It is not only used for our local activity programmes but we can now hire out the new equipment to local people who want to try new sports such as paddle boarding. We have also seen an increase in equipment hire from tourists visiting the area, which brings additional income. During the past year over 300 adults and children have used the equipment. The grant has also contributed to the training of local people in the Forest school leaders training programme which means we have been able to expand this valuable service."



Funded Projects

South Carrick Club Diamonds

South Carrick Club Diamonds (SCCD) was established in 2008 and provides health and fitness classes for older people throughout Carrick, in South Ayrshire. The main aim of the organisation is to prevent falls and improve general fitness and well-being.

The group has around 75 regular members who take part in weekly sessions in Barrhill, Colmonell, Dailly and Girvan. Sessions are taken by trained instructors who encourage everyone to take part regardless of age or ability. The classes are based on exercise to music style activities working on balance, strength, flexibility, mobility as well as providing a heart and lungs workout.

SCCD also runs chair-based exercise sessions in two sheltered housing complexes in Girvan, giving less able participants the opportunity to enjoy some exercise and companionship in the comfort of their own living space. Around 85% of participants are aged 60 and over, with some having underlying health issues, and they have benefited greatly from these tailored activities.

One of the participants added, "I thoroughly enjoy the classes. The instructors are great motivators and their enthusiasm coupled with the regular classes helps to keep us all mobile and strong. As if that wasn't enough it is good fun with us often laughing our way through the exercises."

The club also organises a range of social events such as concerts for members, their families and the whole community to enjoy – harnessing a real sense of community spirit across Carrick.



As well as improving the general health and wellbeing of those taking part, the classes also encourage congenial social interaction between rural, often isolated, communities. For some members, taking part in their weekly session is the only opportunity they get to have fun and enjoy some light exercise with friends and neighbours. The club is a proud feature of the rural communities it serves and the committee has organised a number of fundraising events to ensure it can continue to provide this much needed service.

Members pay a small weekly contribution to take part, which

is reasonably priced at just £3 to make participation as accessible as possible. In 2015, SCCD was awarded £3000 from Carrick Futures towards general running costs including instructor fees and travel expenses.

"The funding from Carrick Futures is most welcome as it is one of the few funding bodies which support existing projects. Many funding sources are interested only in 'new' projects. The funding allows us to offer quality instruction at an affordable price to all and improves health and well-being in the communities in South Carrick." Ruth Wallace, Chair and Secretary.

Funded Projects

Z1 DANCE

Z1 Dance is a community dance group which evolved from ZIGG which provides developmental training for young women between the ages of 11 and 18. Using activities such as the arts, cookery, fashion, health and beauty the group seeks to encourage young women to become healthier, more confident and more active members of their community.

A couple of years ago there was growing demand for a dance group and now over 30 girls from Girvan, and surrounding villages attend a two hour weekly dance class delivered by a qualified dance instructor. The girls learn a variety of dance skills including jazz, hip-hop and contemporary. They also do their own choreography.

Whilst the group is aimed mostly at young women, boys are welcome and one young man who was in the group is now working professionally in dance. Five young women have developed into young leaders and now support the younger members of the group and two young women with learning disabilities. The young leaders are about to undertake their Dance Leadership level 2 award and working with Active Schools will then provide taster dance classes to Primary 6 and 7 pupils in the rural primary schools that feed into Girvan Academy.

Z1 has performed at local festivals and fundraising events and more recently has competed at national events including Go Dance and the Dance Show Live at the SECC in Glasgow.

Recent grants from Carrick Futures have helped towards the costs for

the dance instructor, venue hire, performance costumes and paid for travel costs to events. The Z1 girls group has also had a grant to help with arts and crafts tuition, cooking ingredients and a theatre trip to Glasgow.

Treasurer Yvonne McGill added, "The funding from Carrick Futures has ensured continuity for the group and allowed us to meet growing demand for dance opportunities in the local area. It is great to see some of the girls become young leaders and taking the dance sessions out to the rural village communities as well.

The cost of after school clubs and activities can be a barrier to young people accessing healthy and fun activities so offering free dance through the funding gives them the chance to participate, broaden their horizons as well as improving their health and wellbeing. We do some fundraising ourselves but without the funding we couldn't have competed in events."

Kelly Hamilton, commented "I was able to go up to Glasgow for the first time to watch a Go Dance event. The groups were really good and it makes us want to put more effort into our rehearsals and performances.



Six of us also went to Glasgow and joined a flash mob with other groups. Hundreds of us danced in the middle of Buchanan Street. It was great fun."

Jenny McCreath added, "We did have highland dance classes after school but these were in year groups and we didn't get the chance to meet dancers of different ages. Z1 brings us all together."





Telephone 01557 814927
www.carrickfutures.org.uk